

# Going Green

Monthly Newsletter from Your Friends at Prestige One Landscaping!



Greetings from Royce

Volume 2, Issue 6  
June, 2008

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### Thought for the Month...

It's not what you are that holds you back, it's what you think you're not.

~Denis Waitley



"I really need to diet. I can see my hips on Google Earth."

## Great Ideas For A Kid-Friendly Landscape

With spring in the air, it's time to go outside and if you've got kids, you may be looking for ways to keep them entertained. Fortunately, there are a number of ideas that can turn your backyard into a playground dream.

### Focused Activities

A rear driveway and a basketball goal can make for hours of fun. Look around your yard and then look to your kids' interests to decide how areas can best be utilized. What sports do they like to play? Do they have trikes and bikes that they like to ride around? What about slides, swings and a good old fashioned sandbox? Could any of these become a focus area in your yard?

### Room to Run

Don't feel compelled to fill up your yard with big attractions. An open patch of grass can quickly become a wonderful play area with nothing more than your kids' imaginations. Make sure the area is free of debris and that there's plenty of room to run.

### Keep It Simple

The best way to encourage outside play is to make sure your kids have easy access to their favorite toys and games. An outdoor storage bin is perfect for racquets, balls, cones and other accessories and makes for easy cleanup when playtime is over. Give bikes and battery-operated mini-cars their own space by parking them under an awning or covered porch. A big plastic tub can hold buckets, shovels, scoops and other sandbox toys or use it to store arm floats, diving sticks and similar pool items.

### Splish Splash

Water is always a good addition to a backyard, especially during those hot summer months. A pool would be ideal but you don't have to spend big bucks to bring the element of water into your landscape. Instead, try some strategically placed sprinklers - especially the artsy kind you can find at home improvement stores. They make great accents to your landscape and give the kiddos a nice, cool spray to play in.

### Gardens

Grown-ups aren't the only ones who enjoy gardening. Let your kids plant some of their favorite vegetables and fruits and then put them "in charge" of the upkeep. A small, raised bed should be sufficient and the kids will have fun watching things like watermelon, strawberries and corn grow.

(continued on page2)

**10 % Off of the Installation of an AquaBasin**

## ***I'd Love To Hear From You!!***

Whether you'd like to discuss your property or additional services or just want us to stop by and say "Hi," we'd love to hear from you...

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## ***Tax-Rebate Scams***

When you are expecting a tax rebate from the government's economic stimulus plan, criminals may be eager to take it away from you with email scams. They ask you to click on a fake IRS link and give your Social Security number and banking information. Remember, the IRS is not sending emails about refunds.

Access the IRS Website only through www.irs.gov, not by clicking on an attachment in any email.

Other criminals call on the telephone. They say your money will come sooner if you give them your banking information so the money can be sent by direct deposit. The IRS never does this.

## ***A Bit of Laughter...***

The manager of the hospital's softball team was returning equipment to the proper owners at the end of the season. He walked into the surgery department carrying a bat that belonged to one of the surgeons,

As he passed patients and their families in a waiting area, a man say to his wife, "Look, honey, here comes your anesthesiologist."

*(continued from Page 1)*

### **Exploration**

Kids love mystery and discovery so don't hesitate to give them a few private places for creative play. Treehouses become secret forts; garden nooks and winding pathways become a trail to magical adventure. Think butterfly gardens, bridges and covered play areas.

### **Dig Deep**

A simple sandbox can become a future archeologist's dream with the right tools. Use natural materials and make a game out of burying random items for your children to find. A plastic shovel can do the digging and a small paintbrush can delicately brush away the dirt from their "ancient discovery".

Want to talk about your landscaping issues? Give us a call – we'd love to help you find the perfect landscaping theme for your property.

## **10 % Off of the Installation of an AquaBasin**

***Do You Want To Win a 4"-6" Butterfly Koi ?***



**Take my trivia challenge and you could win!**

This is one of my favorite sections. Each month I'll give you a new trivia question. The first person to call my office with the correct answer will win a 4"-6" Butterfly Koi . Take your best guess, then call me at 816-796-7548.

Here's this month's trivia challenge:

**Q. Dirk Pitt is the hero in a series of novels by which author?**

**A) Joseph Conrad B) Ian Fleming C) H Rider Haggard D) Clive Cussler**

Call me right now with your answer! 816-796-7548.

**Note: Limit one gift per winner per year**

**Congratulations to last month's winner!**

***Jeff King won A Flat of Annuals Installed***

The correct answer to last month's trivia was Dallas.

## ***Thanks For The Kind Words***

**"Roye and Bill, Thank you, thank you, thank you, the pond is wonderful!"**

**Sheri W. Parkville, MO**

## ***Another Reason To Exercise***

Seems like every day you hear a new reason to exercise. Add this to your incentives to do it: You'll have longer telomeres. Telomeres are caps at the ends of chromosomes, which tend to shorten as people age. Who needs them? Anybody who wants fewer wrinkles, stronger muscles and more resistance to disease. Studies by the University of Medicine and Dentistry of New Jersey and elsewhere show that people who exercise the most have longer telomeres. Authorities at the National Institute on Aging say the finding is "provocative."

## ***Protect Your Teeth***

The acid in food and beverages can cause tooth enamel to erode. Saliva helps to restore it, but it goes only so far. To minimize the damage, dental authorities at the Mayo Clinic recommend:

- Consume fewer acidic products between meals, including citrus fruits, regular sodas, fruit juices, wine, tart candies and anything containing vinegar.
- Eat or drink these products with a meal. Food neutralizes acids and helps to eliminate them from your mouth.
- Avoid consuming acidic foods and drinks before going to bed. Saliva production decreases when you sleep.
- If you must have a regular soda during the day, drink it through a straw to minimize contact with your teeth. Never hold the liquid in your mouth.
- Neutralize acid with a bit of cheese, water or fluoride mouthwash.
- Wait to brush your teeth. After an acidic item, wait 30 minutes to brush. Brush with a fluoride tooth paste 30 minutes before or after consuming acidic items.
- Sugarless gum stimulates saliva.

## ***Congratulations To Our Client Of The Month!***

Every month, we choose a very special *Client of the Month*. It's my way of acknowledging good friends and saying "thanks" to those who support Prestige One Landscaping with referrals, word of mouth and repeat business. Watch for your name here in an upcoming month - you might be the next *Client of the Month*!

This month's Client of the Month is

***Jerry & Pat O'Neill***

## ***Thank You! Thank You! Thank You!***

Thanks to YOU our business is growing! There's no better compliment we can receive than a positive referral from a valued client. We are truly grateful for the trust and confidence that so many of you have expressed.

If you know a friend, neighbor, or family member who may be considering the services we offer - it would be the highest compliment to refer them to us. I'll make sure they get extra special attention and care. Or, if there're any additional services that we may provide for you, please let us know. Instead of growing our business from the outside, we prefer to pay closer attention to our existing clients and their referrals.

## ***Did You Know?***

The month of June is named after the Roman goddess Juno, wife of Jupiter. In the Northern Hemisphere, summer begins in June. In the Southern Hemisphere, winter begins.

## ***Landscaping Question Corner...***

### **Q. How can I get rid of poison ivy vines?**

- A.** A common problem for homeowners everywhere, poison ivy can quickly turn a gardening experience into a nightmare.

There are chemicals you can buy to kill the ivy plant but unfortunately, that doesn't always prevent it from growing back and even a dead poison ivy plant can still irritate the skin.

The solution then is to pull it up by the root but of course, that's easier said than done, isn't it? So what can you do? Done some serious protective gear - gloves, goggles, long pants and sleeves and even a protective breathing mask. Wet the roots thoroughly as they'll pull up much easier and have a garbage can at your side. Pull the plant up by the root and immediately place it inside a plastic bag that you can tie off before throwing away.

One word of warning: don't burn the plant. The smoke can irritate your lungs worse than the oils irritate your skin.

## ***Do You Have a Question You Want Answered?***

I love hearing from all my good friends and clients who enjoy reading my monthly letter. And I'm always looking to answer pressing questions you might have about anything relating to landscaping. If you have a question, please give us a call. Perhaps I'll feature you in a future issue!



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**We're On the Web!**  
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### *Famous Birthdays in June*

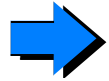
Does your birthday fall in June?  
Did you know you share it with  
some pretty famous people?  
Here's a few names you might  
know with June birthdays:

- Dana Carvey, 1953
- Angelina Jolie, 1975
- Steffi Graf, 1969
- Joe Piscopo, 1951
- Isabella Rossellini, 1952
- Bob Vila, 1946
- Tracy Pollan, 1960
- Gretchen Wilson, 1973
- Norma Kamali, 1945
- Jackie Stewart, 1939
- Ron Wood, 1947
- Chad Allen, 1974
- Gloria Reuben, 1964

***Happy Birthday!***

### *What's Inside...*

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- ⇒ *Tax Rebate Scams*
- ⇒ *How can you get rid of poison ivy? Discover how in our  
Landscaping Question Corner!*
- ⇒ *Take the trivia challenge and you could win a 4"-6" Butterfly  
Koi*  
*Are YOU our client of the month???*  
*And More!!*



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